

Student & Family Assistance Program

PROVIDED BY

Aurora EAP and the School District of Greendale

A Free & Confidential Resource for Students & Families

Finding a Better Way Life is filled with change and uncertainty. The responsibilities and demands on our time can be overwhelming. It happens to all of us. Calling the Aurora SFAP can be the first step towards taking charge of a situation that is affecting your family's health and wellbeing. A parent or legal guardian must call to initiate services.

Eligibility The SFAP is available to families with students attending school in the School District of Greendale.

When to Use the Aurora SFAP This varies with each family. Generally, it is wise to seek help when a problem: occupies too much of your time, interferes with normal activities, or persists for more than two-three weeks. We can help with:

- ◆ Relationship Issues
- ◆ Academic Pressures
- ◆ Anxiety & Depression
- ◆ Alcohol or Drug Abuse: Yours or a Family Members'
- ◆ Marital Conflict
- ◆ Parent/Child problems
- ◆ Divorce
- ◆ Financial Pressures
- ◆ Legal Consultation
- ◆ Difficulty with School or Peers
- ◆ Elder Care
- ◆ Child Care
- ◆ Blended Family Concerns
- ◆ Locating Resources

A Free, Confidential Benefit for you and your family. You can have up to 6 free sessions with an SFAP counselor per issue. If you or your family member need assistance beyond the scope of the SFAP, you will be referred to appropriate resources. Your privacy is protected in accordance with both federal and state laws regarding mental health and medical treatment records. When you call, identify yourself as eligible for SFAP services through your school district.

Call (800) 236-3231

800to500 M-F to schedule appointment, 24/7 to talk to counselor



Username *is greendalesfap*
For more information visit our
website at: www.Aurora.org/eap

- ◆ Assessment & Referral
- ◆ Information & Support
- ◆ Child/Family Issues