



Healthy Celebrations at School

Greendale Schools Student Wellness Policy encourages families to consider healthier alternatives and non-food treats for student and classroom rewards and celebrations. Please refer to the wellness policy for information and restrictions.

A team of experts, the students themselves, has compiled this list of suggestions for your use when planning to treat the students. Please contact your child's teacher for information on food allergies among students in the class.

Ideas for individual rewards:

Books	Small hand sanitizers
Bouncy balls	Small musical instruments (drums, kazoos, tambourines)
Finger flashlights	Stickers
Finger forks	Visit school and enjoy lunch with your child
Key chains	
Pencils and erasers	
Pocket-sized notebooks	

Ideas for group rewards:

Donate a book, classroom tool, or game to the classroom
Read a book to the class

Ideas for classroom treats:

Apples with yogurt or low-fat caramel dip	Grapes
Bagels (mini or regular sized)	Muffins (whole grain)
Cheese crackers (Goldfish®)	Oatmeal cookies (low-sugar recipe)
Clementines (Cuties®)	Popcorn
Cottage cheese cups	Pretzels
Dried fruit	Strawberries
Energy bars	String or Babybel Cheese
Frozen fruit juice bars	Sugar-free Jello®
Frozen smoothies	Trail mix (no chocolate)
Fruit kebobs	Veggies & dip
Graham crackers	Watermelon
Granola bars	Yogurt covered fruit
	Yogurt cups